

DECEMBER 1945

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THE UNIFORM GUIDE -

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The Mysteries of the Christos

CHRISTMAS

MAGIC

# A One Day Seminar

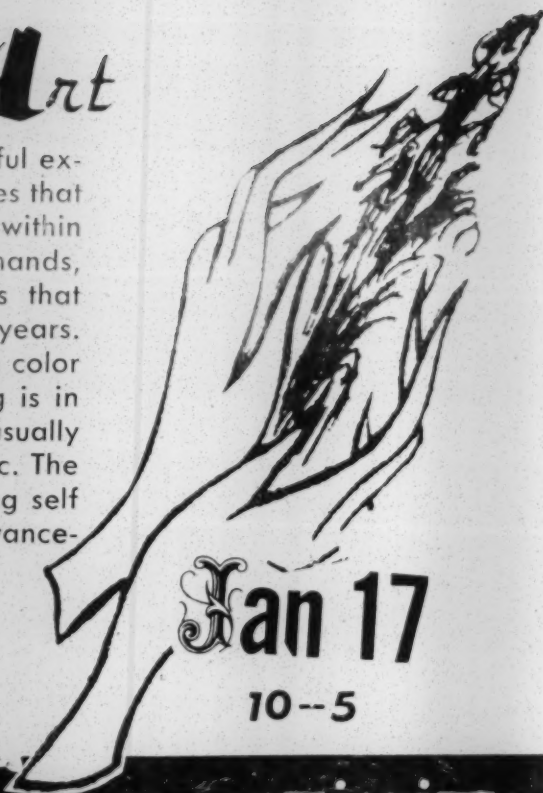
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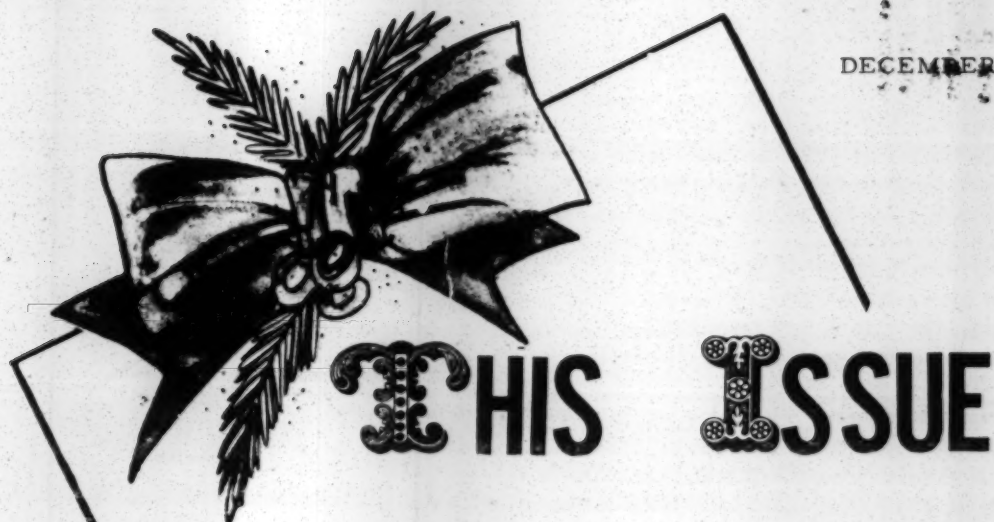
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phone: 213-828-8118

DECEMBER 1975



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# Editorial

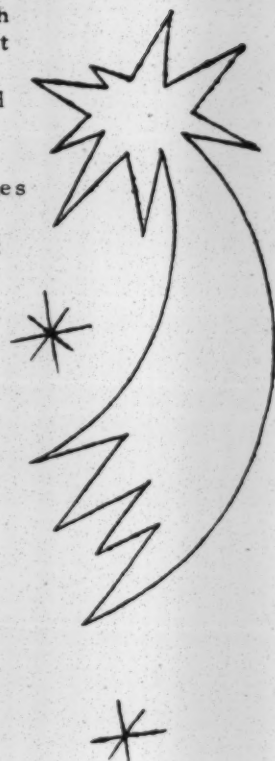
The simple things in life are free, but they are taken for granted! As we approach the Christmas season, with all of the brightness, love, friends and neighbors. People seem to warm to each other, they feel and sense things that the rest of the year is left unsaid. As we enjoy the magnificent scenery that becomes vivid in each and every home this holiday season, stop and reflect on all that we have that is given to us free. The love, the learning, the growth, and yes, the trials and tribulations that beset each and every one throughout the year,

Man's life is simple in many respects, it is only man that makes it become complicated and out of order. This holiday season, let us each look out the window of miracles, have the faith that Jesus had when he said "have the faith of a little child", "love one another", and the "truth will make you free".

The truth of your being is that you are divine. You and God are one. There is no separation. You do not reach up and out for God, for he is within you, living, breathing, and awaiting your recognition. Start your contemplation now for a bright new beginning in 1975, don't wait until New Year's Eve to make a resolution to try one more time. See the good in all, expand the good in all, and don't allow the other to come forth, even in yourself. We are entering the age of Aquarius, the age of new birth, of love and good will! Blessings to all this holiday season, may the spirit of Christ-mas expound in all.

The Editor

*Salvador*







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President of the Center of Psychic Studies in Redwood City, he has studied under the well-known psychic and medium Florence Becker. Leo conducts classes in San Francisco in Psychic Awareness and Meditative Technique as a means of developing psychic abilities.

**Donna Araman**

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Elected Psychic Queen in 1971, Donna has been a noted Bay Area psychic and teacher for the past seven years and is also an esoteric Minister. She is presently the Moderator of Symposium in Consciousness in San Jose.

**Dr Maxine Asher**

**Egypt**

Maxine has been anthropological researcher and newspaper woman who has traveled to all parts of the world. She made headlines in 1973 when she brought forth information about discoveries made in Spain. She has appeared on television numerous times. A brilliant woman, author, teacher, researcher, and fascinating speaker. Founder of the Ancient Mediterranean Research Foundation.

**Rev. Lee Norment**

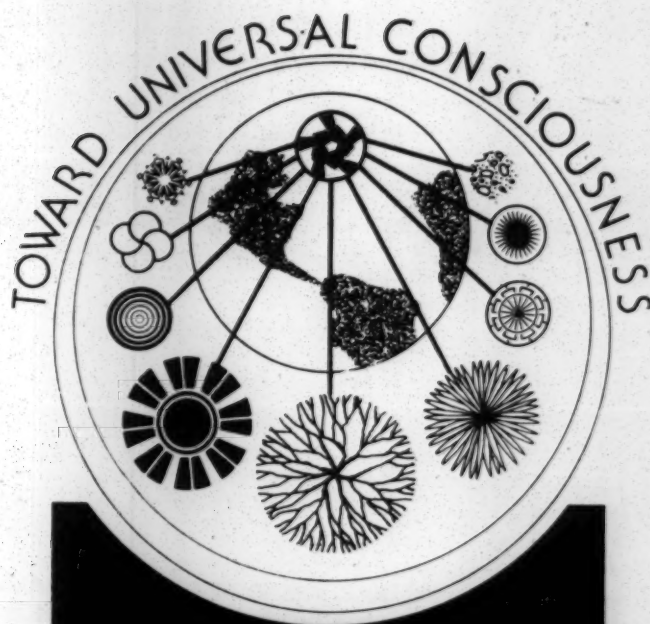
**The Declaration of Inner-dependence**

Ordained in 1958, Lee was the founding minister of Christ Church Unity in San Jose and is world-renowned as lecturer and minister, he has served in Minneapolis and the West Indies. He has served as Chairman of the Licensing and Ordinations Comm. for Unity Churches & was on the Board of Directors of Unity Churches. A native of San Francisco, he has resided for the past four years in Florida.

ADMISSION: \$6 pre-registered, \$7 at the door.

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# The Metaphysical Meaning of Christmas

by

**Rev Kingdon L Brown**

Christmas. The magical season which brings us new vibrations of anticipation. God's wonderment mystically combines with a baby's birth and destiny. It is a perfect time for sharing love and the Blessings of life.

Yet, Christmas has a deeper significance for the metaphysical student on the Path to new consciousness in a new age.

Christmas represents time for reflection, a time to wait, to observe and watch. New Guidance and healing come to the metaphysical student during this season. The example we set for ourselves may carry us through the entire new year. Gone must be past mistakes, broken promises, other souls wounded and hurt by our harsh rejections.

For the metaphysical searcher Christmas represents a time for paying off bad karma and starting with a clean slate of new strength and aspiration. For we psychically attune with all Christmas times, past and future.

We know that God's uniqueness, His Creation, and His Spirit is the animation of the universe. And, we are receptive to the Cosmic Operation of protection and gentle renewal.

The destiny of all souls, of human kind, stands before us as we peek through the barriers of the conscious mind and see the Infinite Intelligence in all life.

Christmas shows us that we live not for self, but for all. We are not separate, individual entities clawing our way along the evolutionary ladder. We are part of a vast consciousness moving closer to God's illumination. And, the baby Jesus sets the mood, the tone, and the attitude for us.

For in His face, and in His cries and tears, and joys, we see ourselves as we begin the universal journey anew.

And, since slumber prepares us for a new day, perhaps the meaning of Christmas is best summed up by: "A MERRY CHRISTMAS TO ALL, AND TO ALL A GOOD NIGHT."





## MAKE JOYFUL NOISE SING ALLELUIA

Man in our times is seeking to renew the spirit of the Holiday Season within his own being. After several years of programmed responses and over-burdened budgets, he is again drawing from within himself on the essence of his soul energy and its relationship to the birth of Christ.

As the time draws near to the coming celebration our thoughts turn to friendships and sharing with those who have touched

our hearts throughout the year. We are moved deeply by the spirit of true realationships, as we desire and seek to share parts of ourselves with those who grace this life with warmth and caring.

Man has nearly made full cycle from 2000 years ago, when in a manger the birth of a child brought the consciousness of Christhood into the earth. But this could only take place after centuries of growing awareness of its true meaning and purpose. And now this awareness is growing once again in the hearts and minds of people everywhere -- Aquarius, the Birth of Christ in Mankind.

During this season we celebrate the Christ Mass, the birth of the consciousness and presence of Spirit in one man. And we begin now to sense the birth of Spirit and of higher consciousness in one another. How truly beautiful and inspirational our evolution is, and this marvelous season of birth and rebirth -- each year marking the path with the

memory of light and wisdom set forth at its beginnings.

The remembrance of the bright star in the heavens reminds us of that time before birth, carrying the vibration of its first and eternal light into the essence of the soul of man. The memory of the Birth and the Path is set forever before us -- with Gold and Frankincense and Myrrh -- as all the heavens take part in the sacred discovery and in the bringing of these gifts from the Wise Men of old. The gifts within us as we give birth to the living Christ.

The Joy of the season is at hand -- We are the child in the manger -- and as we acknowledge this awareness the heart of Christmas becomes our heart. Our eyes are open to the Spirit, and our preparation is done within. We nurture the child in our womb with the love of soul; and the light of our being spreads from the protection of our womb into the energy and vibration of all that we meet and all that we experience. Our touching with our fellow men takes on a rebirth as also a renewal of faith in each other and in our group evolution of consciousness. New awareness blossoms from the old.

The time of our birth is close at hand -- Bless the Season with the Spirit of our being.

Rejoice, Rejoice, and again I say rejoice -- You are giving birth to the Christ from within.


Make Joyful Noise -- Sing Alleluia!

**Marsha Mossman**

# Bless the Season With the Spirit of Your Being

# The Mysteries of the Christos CHRISTMAS MAGIC Corinne Heline

The true meaning of Christmas? After a search of much material, it is our gift to you to bring you, with permission from the publisher, and to honor the passing of a great mystical teacher a portion of the book "The Mysteries of the Christos" written by Corinne Heline. Our Editor and publisher has long been a student of Mrs. Heline's and has chosen this way to honor her passing last August.



Advent Season is known as the time of purification and preparation. It is the season when an aspirant seeks to attune himself more fully to the joys of the coming Christmastide. If he knows something of the significance of the mystic Christian Initiation he enters with much deeper understanding into the disciplines of the Advent Season.

Early disciples of the Lord Christ observed this as a period for receiving fresh revelation from on high, and as especially favoring their own spiritual development. Definite preparation was made for what they hoped to receive when Advent reached its climaxing hour on Holy Night.

The shepherds in the field and the Wise Men who came to worship the Christ Child are an important part of the spiritual processes portrayed in the Advent Season. The Bible relates that the shepherds were watching their flocks by night when Angels appeared and directed them to follow the Star that would lead them to Bethlehem. The shepherds are the aspirants or neophytes who have passed the Degree of Purification, and so have come into communion with Beings of celestial realms who tell them to follow the Star, their own higher selves, to the place of the Holy Birth.

The Wise Men from the East also followed the Star, bringing with them rare and precious gifts to lay at the feet of the Christ Child. These Wise Men represent disciples who have passed




both the First and Second Degrees of the Christ Mysteries. They come, therefore, with their shining gifts, symbolical of the sublimated essence of the physical body which, added to the spiritualized forces of the etheric sheath, the purified desire body, and the spiritualized mind, creates their radiant body light. This is the "golden wedding garment" with which each disciple must be clothed before he can enter into the **presence of the Christ**. The golden vase of perfume which Mary Magdalene laid at the Master's feet has a like meaning.

As previously observed, the Christ Child was born in a manger, where beasts feed, because there was no room in the inn. This fact conceals one of the innermost secrets of the Christian Mysteries. The crib scene of the Nativity symbolizes the birth of the Christ in man. It is not until after the Degree of Purification that the Holy Babe can be lifted from the manger (lower nature) to find his rightful place in the inn (head center or higher nature). The alchemical action of this process consists in raising the spinal spirit fire from the base of the spine upward to the heart (Jerusalem, the city of peace), and from there to the head (Bethlehem, the house of bread). In the crib scene Mary and Joseph are usually represented as kneeling in adoration on either side of an Angel. They thus typify the awakened and illumined masculine and feminine forces in harmonious interaction. As these forces are interwoven they vivify the head centers situated in the positively charged pineal gland and the femininely charged pituitary body. **The result of this interaction is spiritual illumination.**

The Angels, too, must love this season with a special love, for then they draw closest to earth and sing their most blissful songs. Day and night multitudes of them hover over the earth pouring their blessing upon everything that lives, a blessing which again has its physical counterpart in the incense which perfumes many places of worship at this holy time. The early Christian Initiates contacted at will the observances of the higher planes and many of the ceremonials they established in the Church reflect the initiatory rituals of the inner planes. Master musicians have caught strains of angelic music and brought them down to earth in the inspired Christmas carols which will endure as long as the earth stands. "Joy to the world, the Lord is come" is an angelic song, giving utterance to a cosmic mystery which belongs to Angels as well as men. Amid the angelic bands that sing above the earth at Christmas time is one whose auric light extends into vast spaces, "The Queen of Angels and of men," who adds her song to that of the celestials as she pours out her blessing, particularly upon mothers and their babes; for she bears in her sacred memories, and she realizes more deeply than any other the profound sacrifice of this holy time. Her musical keynote sounds forth in the *Ave Maria*, and all who hear it are touched, consciously or unconsciously, by her benediction.





Season as celebrated in western countries. Green is the color of new life. It is generally associated with spring, when the new plant life makes itself visible in the northern hemisphere. However, it is at Christmas time that this new life first stirs within the planet, and that is why the wise seers of old used it as a decorative motif for their midwinter festival. Red is the color of Mars. It is also the color of activity which surges through the planet when the Christ Ray is "reborn" within it. Mars is exalted in Capricorn, and the Christmas festivities are observed when the Sun enters the sign of Capricorn December 21st. The place of a planet's exaltation is where spiritual forces are concentrated. The red which belongs to Christmas is not a murky crimson but the pure, clear color produced by the transmutation of the heavy red of passion into the brighter tone of compassion. This comes with the change from the personal to the impersonal, from the individual to the universal.

The magic of Christmas is characterized by a spirit of universal good will. People generally are animated by friendly and generous impulses. Few there are who are too self-centered to give something of themselves and of their substance to others. Communities, large and small, carry out various projects in service to the needy, the sick and the unfortunate. Hospitals and orphanages are alight and festive with good cheer and loving, tender thought and care. It is the common aim of people everywhere to brighten at least some corner and to bring some fresh hope and joy to the less fortunate. This feeling of universal friendship finds its most joyful symbol in Santa Claus. He it is who makes his annual visit to the rooftops of the world on Christmas night distributing gifts and good cheer for everyone. He is known by many names in many different lands, but his spirit is always the same for he is the personification of the universal goodwill which the Lord Christ brings each year to earth, and which is becoming an ever more powerful and moving force in human consciousness throughout the world.

As music produces exquisite geometric patterns in the ethers so also do particular modes of meditation. In the Christian Mystery Temples the basic pattern is the Star. It is by means of prolonged and devout meditation that this Star appears in the aura of the devotee, and at its appearance a Teacher appears, even as did the Magi at the Nativity of the Christ Child. The Star is never overlooked by the Great Ones from the inner planes, as it always signals the Holy Birth of one who has begun to walk the Christ way. Their loving response is inevitably eager and immediate.

The magic of Christmas is intimately connected with the Star. The golden Star that shone in the sky above Bethlehem on that holiest of all nights was the radiant body of the glorious Archangel, the Christ, who was pouring out His blessing upon



# CALENDAR

- DEC 1 LOS ANGELES**  
 Mon **HOW TO BANISH GUILT FEELINGS** via Precision Psychodrama by  
 8 PM **DR. L.O. ANDERSON** and staff. Anderson Research Center, 3960  
 \$3 Ingraham St., Los Angeles.
- DEC 1 SANTA CRUZ**  
 Mon **"SELF MOTIVATION"** with very special guest **DR. JACK HOLLAND**.  
 7:30 PM Santa Cruz Parapsychology Center, 1307 Seabright Ave., Santa Cruz.  
 \$2
- DEC 3 SAN FRANCISCO**  
 Wed **BIOTONICS** with **JONOTHON KROWN**. Experiencing Biotonics psychic  
 7:30 PM energy release. Metaphysical Bookstore & Center, 420 Sutter St. San  
 \$3 Francisco.
- DEC 4 SAN FRANCISCO**  
 Thur **EGYPT NIGHT** with **ROBERT BERKEY AND KATIE FLEMING**, an evening  
 7:30 PM of slides and lecture on recent trips to Egypt. Metaphysical Center, 420  
 Free Sutter St., San Francisco.
- DEC 5 LOS ANGELES**  
 Fri **EXPANSION OF THE MIND THRU AWARENESS OF SPACE** with **SEGIO MIRANDO**.  
 8 PM Anderson Research Center, 3960 Ingraham St., Los Angeles.  
 \$3
- DEC 5 SAN FRANCISCO**  
 Fri **MUSIC AND ASTROLOGY** with **JOYCE RESENFIELD**, who will reveal what  
 7:30 PM she has recieved in channeling concerning music and its connection to  
 \$3 astrology. Metaphysical Center, 420 Sutter St., San Francisco.
- DEC 5 SAN JOSE**  
 Fri **THE COMING OF THE MASTER** with **BEN KRUPP**, graduate in Psychology  
 8 PM and Religious Studies from the University of California. Santa Cruz. Ben  
 \$2 Krupp, noted teacher on the Mysteries, will present his belief of the Christ  
 in the earth. An important contribution to all who are concerned about the  
 religious implications of New Age Consciousness. Symposium in Conscious-  
 ness, San Jose City College, Music Room (F-7), San Jose.
- DEC 5 SARATOGA**  
 Fri **"SPIRITUAL FRONTIERS OR PSYCHIC FRONTIER? The Difference and**  
 8 PM **Its Importance"** will be the lecture topic to be presented by **JEROME**  
 Fee **ELLISON**, from Conn. Mr. Ellison is past Assoc. Editor of Collier  
 publications and the founder of the Phenix Society. Grace United Methodist  
 Church, Saratoga.
- DEC 5-6 NORTHBRIDGE**  
 Fri-Sat **CRYSTAL CLEAR LIVING** with **DR. DEBRAH DANKHAM**. This will be  
 Fee a workshop in the Genesa techniques. Fridays time is 7 - 10 Pm and  
 Saturday from 10-6. Fee is \$39 for full workshop, \$13 for Friday and  
 \$26 for Saturday. Unity-In-Diversity Center, 17319 Roscoe Blvd.,  
 Northridge.



- DEC 5-7 PASADENA  
Fri-Sun TOUCH FOR HEALTH. A three day seminar presented by the Touch for  
Fee Health Foundation and the Applied Kinesiology 1975 III. Speakers will be:  
DR. M. JORDON  
DR. W. DERRIG  
DR. G. GOODHEART  
DR. V. FRANK  
SHAFICA KARAGULLA, M.D.  
DR. JIM POLIDORA  
Pasadena Civic Auditorium, Corner of Euclid and Gree, Pasadena
- DEC 6 SANTA CRUZ  
Sat SPIRITUAL HEALING AND READ-IN DAY. 10-6 Pm. 7 Pm Pot Luck  
10-6 Family Dinner. Many Psychics, Readers, and Healers. Santa Cruz  
Fee Parapsychology Group, 1307 Seabright Ave., Santa Cruz.
- DEC 6-7 LOS ANGELES  
Sat-Sun WORKSHOP IN BECOMING FREE TO BE HAPPY with leader AMELIA BREIT.  
10 AM Anderson Research Center, 3960 Ingraham St., Los Angeles.  
Fee
- DEC 7 CAMPBELL  
Sun THE ART OF LOVING with guest speaker DOROTHY ANDREWS, host of  
8 PM Psychic World on TV channel 2B. Messages and Healing after the service.  
Dress Comfortably, Church of Inner Wisdom, 236 W. Campbell Ave.,  
Campbell.
- DEC 7 NORTHRIDGE  
Sun THE OPENING OF THE EYE with ALICE LANE. Service at 11 and work-  
\$2 ea. shop at 2 PM. Unity-In-Diversity Center, 17819 Roscoe Blvd., Northridge
- DEC 7 REDWOOD CITY  
Sun EXPERIENCING THE EXPANSION OF THE MIND with special guest  
7:30 PM speaker SERGIO MIRANDA a Chilean architect who has worked with  
Corbusier in Paris. Trinity Center, 1149 Clinton St., Redwood City.
- DEC 7 LOS ANGELES  
Sun THREE DIMENSIONS OF FAITH with special guest speaker JAMES C.  
11 AM BEATTY. ROBERT CHANEY, Healing Service. Astara, 261 S. Mariposa  
Ave., Los Angeles.
- DEC 7 SANTA MONICA  
Sun THE ROYAL ROAD: MEDITATION ON THE TREE OF LIFE with  
11 AM DR STEPHAN HOELLER. New Age Bible & Philosophy Center, 1139  
Lincoln Blvd., Santa Monica.
- DEC 10 SANTA CRUZ  
Wed ROLFING with DOUGLAS COL. Lecture, slides and demonstration.  
7:30 PM Santa Cruz Parapsychology Group, 1307 Seabright Ave., Santa Cruz.  
\$2
- DEC 11 OAKLAND  
Thur ON MONITORING OF NON-PHYSICAL ENERGIES FUNCTIONING IN MAN.  
8 PM DR. WILLIAM TILLER. This is the last of a series of lectures sponsored  
\$4 by the Noetics Education Assoc. Program held at Kaiser Auditorium,  
300 Lakeside Dr., Oakland.
- DEC 12 NORTHRIDGE  
Fri REINCARNATION, MEMORIES UNDER HYPNOSIS with HELEN S.  
7:30 PM WAMBACH. Unity-In-Diversity Center, 17819 Roscoe Blvd., Northridge.
- DEC 12-14 LOS ANGELES  
RESHAD FIELD WORKSHOPS. For information contact: Lee Baumel,  
276-6982.

- DEC 12      SAN JOSE  
Fri      THE ESOTERIC STRUCTURE OF THE TAROT will be presented by  
8 PM      ADAM RA, well known Psychic from Santa Rosa, teacher and diviner on  
\$2      the relation of nature and magic to the arts and practices of religious  
ritual, will share with us his insights into the age-old esoteric significance  
of the Tarot. Symposium in Consciousness, San Jose City College, Music  
Room (F-7), San Jose.
- DEC 12/13      SANTA CRUZ  
Sat-Sun  
\$40      A special weekend program in Santa Cruz, to effect and celebrate the birth  
of a new medicine, a new way of being, of being as well as doing, of the  
healing of others and ourselves, of becoming whole.  
JOSEPH BOGEN, M.D.; WERNER ERHARD, HAROLD GREENWALD, Ph.D.;  
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plus additional speakers of great note. For reservations write: University  
Of California Extension, Santa Cruz, Ca. 95064. Program will be held at:  
Del Mar Theater, 1124 Pacific Ave., Santa Cruz.
- DEC 13      LOS ANGELES  
Sat      ENHANCE YOUR MATE SELECTION AND RELATIONS --- WITH  
8 PM      ASTROLOGY, teacher TED GORMICK. Anderson Research Center  
3960 Ingraham St., Los Angeles.
- DEC 13      NORTHRIDGE  
Sat      TEILART ON CONSCIOUSNESS. This is a Phenomena of Man Project.  
10-4      This workshop will be a memorial to the Karl Heusenstamm fund.  
\$10      Unity-In-Diversity Center, 17819 Rocoe Blvd., Northridge.
- DEC 13      SAN FRANCISCO  
Sat      APPLIED KINESIOLOGY - A NEW BODY LANGUAGE FOR DETERMINING  
9:30-4:40      Muscular and Nutritional Imbalances. Given by AL SCOPP, Ph.D.  
\$18      This will be an all-day workshop to demonstrate and teach the precise use  
of nutrition, touch and acu-touch, for determining and balancing muscle tone.  
The Yoga Center, 1736 Ninth Ave., San Francisco.
- DEC 14      CAMPBELL  
Sun      LISTENING TO YOUR INNER VOICE with guest speaker REV JOAN  
8 PM      BANKS, co-pastor of the Church of Inner Wisdom, and now a successful  
realestate saleswomen. Messages and Healing after the service. Dress  
comfortably. Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.
- DEC 14      LOS ANGELES  
Sun      WISE MEN STILL SEEK HIM with RODOLFO SILVA as the morning speaker.  
11 AM      Astara, 261 S. Mariposa Ave., Los Angeles.
- DEC 14      SANTA MONICA  
Sun      THE KINGDOM OF LIGHT, illustrated with colored slides of inspirational  
11 AM      paintings and presented by LUCILLE HYLAND. New Age Bible & Philosophy  
Center, 1139 Lincoln Blvd. Santa Monica.
- DEC 14      REDWOOD CITY  
Sun      UNORTHODOX HEALING AND LAW by LEONARD WORTHINGTON of  
7:30 PM      Redwood City. Well-known attorney and metaphysician. Trinity Center,  
149 Clinton St., Redwood City.
- DEC 15      SAN FRANCISCO  
Mon      NEW WORLD PROPHECY with ELIZABETH LOUIS HUFFER. Are you  
7:30 PM      reaching the best in you? Come and find out. Metaphysical Center, 420  
\$3      Sutter St., San Francisco.

- DEC 16      SAN FRANCISCO  
Tues      ANGELIC AND GLOBAL HEALING with the Omega Point Foundation.  
7:30 PM      Metaphysical Center, 420 Sutter St., San Francisco  
\$3
- DEC 17      SANTA CRUZ  
Wed      MANTRA AND DEVOTIONAL CHANTING with guest JERRY GIACONIO.  
7:30 PM      Santa Cruz Parapsychology Group, 1307 Seabright Ave., Santa Cruz  
\$2
- DEC 19      PALO ALTO  
Thi      DR. JAMES MAC KIMMIE will present his monthly public lecture.  
8 PM      First Congregational Church, Louis and Embacadero Rd., Palo Alto.  
(no admittance after 8 PM)
- DEC 19      SAN JOSE  
Thi      CHRISTMAS PROGRAM. Join us for fun and exciting evening of music,  
8 PM      caroling with our family of Man Celestial Singers, games, drawings, gift  
exchanges, and tasty Christmas season refreshments. Our special featured  
event will be a new one-act play by our own David Farrell. Please bring  
your children this night to share with us in the spirit of the season.  
Syposium in Consciousness, Music Room, (f-7), San Jose.
- DEC 20      SAN FRANCISCO  
Sat. M      YULE CELEBRATION. All are invited to join in tonight's old religion  
& P      festival. Meet with us to welcome the return of the Sun and renewal of the  
Free. Metaphysical Center, 420 Sutter St., San Francisco.
- DEC 21      CAMPBELL  
Sun      MYSTERY OF THE CHRISTOS with special guest speaker REV. LOUISE  
8 PM      MARSHALL, noted speaker and teacher of metaphysics and pastor of  
Pillars of Promise Temple. Messages and Healing after the service.  
Church of Inner Wisdom, 236 W. Campbell Ave., Campbell.
- DEC 21      LOS ANGELES  
Sun      CHRISTMAS SERVICE  
11 AM      YOUR STAR AND THE STAR  
8 PM      EARLYNE, SITA AND ROBERT CHANEY  
Astara, 261 So. Mariposa Ave., Los Angeles.
- DEC 21      REDWOOD CITY  
Sun      SPECIAL CHRISTMAS PROGRAM FOR THE YOUNG IN HEART. Our  
7:30 PM      special psychic Santa from last year will stop off on his long run and  
give spiritual and material gifts. (Santa's helpers: please put the name  
of the recipient on your gift and Santa will present it with a special  
spiritual message.) CANDLE LIGHT SERVICE follows. Trinity  
Center, 149 Clinton St., Redwood City.
- DEC. 21      SANTA MONICA  
Sun      CHRISTMAS SERVICE  
10:45 AM - Christmas Music  
11 AM - -- SPIRITUAL SYMBOLS OF CHRISTMAS with IRMA NORMAN  
New Age Bible & Philosophy Center, 1139 Lincoln Blvd., Santa Monica.
- JAN 24      LOS ANGELES  
Sat      HOW TO PREVENT UNWANTED FEELINGS via Precision Psychodrama,  
8 PM      with DR. L.O. ANDERSON. Anderson Research Center, 3960  
\$3      Ingraham St., Los Angeles.



- DEC. 24 SANTA MONICA  
Wed CHRISTMAS EVE MEDITATION  
10 PM THE GLORY OF THE FESTIVAL OF LIGHT, illustrated with colored slides  
GENE SANDE. New Age Bible & Philosophy Center, 1139 Lincoln Blvd.,  
Santa Monica.
- DEC. 26 SAN JOSE  
Fri UNIVERSAL LAW AND CONCEPT LIVING will be presented by REV.  
8 PM MARSHA MOSSMAN, the founder and minister of Family of Man. Hear  
\$2 how your own expanded consciousness can be brought into concrete  
manifestation in your life. Symposium in Consciousness, Music Room,  
(f-7), San Jose.
- DEC 27 HELENA MONTANA  
Jan 3 YOGA AND MEDITATION RETREAT  
\$100 JUDITH LASATER, M.A., R.P.T. and CHARLES DAWES will be the  
teachers. For information and reservations contact: Yoga and Meditation  
Retreat, 1627 Tenth Ave., San Francisco, Ca. 94122.
- DEC 28 CAMPBELL  
Sun AWAKENING YOUR SELF IMAGE with guest speaker DR. JOAN GIBSON  
8 PM founder of the Church of Inner Wisdom, noted lecturer, author and teacher.  
Messages and Healing after the service. Dress comfortably. Church of  
Inner Wisdom, 236 W. Campbell Ave., Campbell.
- DEC 28 LOS ANGELES  
Sun THE NEW BEGINNING with SWAMI PARAMPANTHI as the morning speaker.  
11 AM Astara, 261 S. Mariposa Ave., Los Angeles.
- DEC 28 REDWOOD CITY  
Sun PROPHECY AND REBIRTH by Trinity Center's pastor REV. BETH  
7:30 PM GRAY. The doorway to reformation is never closed, either here or  
hereafter. What is ahead for you? Trinity Center, 149 Clinton St.,  
Redwood City.
- DEC 28 SAN FRANCISCO  
Sun 1976 - WHERE ARE YOU GOING? New Year's Meditation and Readings  
8 PM REV. JOY ADAMS. Metaphysical Center, 420 Sutter St., San Francisco.  
\$5
- DEC 23 SANTA MONICA  
Sun A POINT OF CHANGE with speaker EUNISE KEIFER. New Age Bible &  
11 AM Philosophy Center. 1139 Lincoln Blvd., Santa Monica.
- DEC. 31 LOS ANGELES  
Wed WATCH PARTY  
8 PM Entertainment, movie, refreshments and a Spiritual Observance to greet  
1976. Astara, 261 S. Mariposa Ave., Los Angeles.
- JAN 2 LOS ANGELES  
Fri OVERCOMING PROBLEMS of Love, Sex and Romance via Precision  
8 PM Psychodrama. DR. L.O. ANDERSON. Anderson Research Center,  
\$3 3960 Ingraham St., Los Angeles.
- JAN 3 LOS ANGELES  
Sat OUIJA BOARDS: DANGERS VS. BENEFITS with guest speaker ROY  
8 PM FIFIELD. Anderson Research Center, 3960 Ingraham St. Los  
\$3 Angeles.
- JAN 4 LOS ANGELES  
Sun THE DIVINE WEAPON with morning speaker RODOLFO SILVA. Astara,  
11 AM 261. So. Mariposa Ave., Los Angeles.

- JAN 3      SAN JOSE  
Sat      THE SPIRIT OF '76. An all-day Seminar Featuring several outstanding  
10:30 AM speakers. For details and complete schedule see page 4 of this issue.  
Fee      Le Baron Hotel, No. First St., San Jose
- JAN 8      ORINDA  
Mon      THE MYSTIC VISION: An Introduction to the Metaphysics of Higher  
7:30 PM Consciousness . A winter quarter course offered by the Institute of Mystical  
Fee      and Parapsychological Studies to be taught by PASCAL KAPLAN. (3 Units)  
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# MERRY CHRISTMAS

the body of the perfect Child Jesus, later to become the vehicle for the indwelling Christ during the three years of His sublime ministry on Earth.

The Star is the soul signature of Christ. The Cross is His earth signature. From Christmas to Easter the Path leads from the Star to the Cross. In the course of the forty-day interval from Easter to the Ascension, the Path ascends from the Cross to the Star.

As previously noted, above the entrance to a Grecian Mystery Temple was inscribed the words, "Man, know thyself and thou shalt know all the mysteries of the universe." And so it is that we find both the mysteries of the Star and the Cross inscribed upon the body of man. When the arms are outstretched and the feet held together, the human body forms a cross. When the arms are outstretched and the legs spread apart, the body assumes the form of a five-pointed star.

The Cross represents the early years of probationship, the time of testing and of trial. The Master's admonition to disciples of all ages has ever been: If you would be my disciple you must take up your cross and follow me.

The Star represents the culmination of discipleship when the spirit is no longer bound to the prison house of the body but passes at will to the freedom of larger and wider spheres, using the physical form only as a channel for service within the physical realms. The five sacred wounds in the body of the crucified Christ mark the signature of this liberation. His last words from the cross also refer to this supreme event when He cried, "My God, how Thou hast glorified-me."

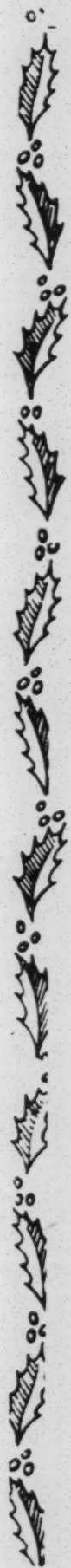
When the great Christ Ray descends to earth in the autumn, the plant kingdom readily absorbs its radiance. Forests appear crowned with a golden halo as this luminous Ray penetrates more into the earth and its light descends through tree branches. As the mystic hour of Holy Night approaches the golden stream has penetrated to the very depths of their trunks, where it gleams like an altar flame. At Christmas time every tree is a herald proclaiming the annual return of the cosmic Lord of Love and Light.

There is a lovely old legend which relates that in the hush of that holy time, while Angels carol of the Christ Child, beasts kneel in their stalls and bow their heads. Then it is that the little nature folk cease their activities and, forming into a joyous procession, pay homage before the altar light flaming within the tree which is their home. Thus does nature and all living things honor the birth of the new-born King.

There are some who think that the most beautiful, and certainly the most profound of all symbols connected with Holy Night







is the Christmas tree. The golden star which usually adorns its crest typifies the Star of the East that calls all men to worship Him Whom the mystic greets at the midnight hour as *the new-born Sun*. Lights and colors upon the festive tree represent emanations from the aura of this new-born Sun, which permeate and illumine the realms of earth, both inner and outer.

A tree so adorned year after year to honor Him gradually comes to send forth a blessing and a benediction, not only at Christmas time, but every day of the year. This is easily discernible to the sensitive who approaches its environs. In this lies the importance of using live Christmas trees instead of imitations.

Every man is a Christ in the making. Therefore, all Christmas symbols signify varying degrees of spiritual development. In the human body, man's temple of the spirit, are many latent centers awaiting awakening and vitalization. When this occurs he himself will be a veritable Christmas tree, radiant, illumined, walking "in the light as he is in the light." An illumined mystic sensing this truth has written that "*the body is filled with candles all in place, just waiting to be lighted by the flaming torch of Love.*"

#### *The Ministry of Angels at Christmas Time*

The modern world is turning each year with renewed reverence and understanding to the revivification of the feasts and ceremonials belonging to the early Christians. The Feast of Advent has perhaps never since the time of its inauguration in the first century been so emphasized as of recent years.

During this interval the earnest aspirant devotes as much time as possible to purifying and preparing himself by means of fasting and prayer to come more completely into attunement with the Feast of Christmas. This preparatory work actually began with the Autumn Equinox when the regency of earth was taken over by the Archangel Michael, who presides over the processes of purification and regeneration for all of Earth's progeny. From the time of the Autumn Equinox until the Winter Solstice, Michael and his ministering Hosts are engaged in cleansing the desire and mental envelopes of the Earth. If it were not for such cleansing activities carried out by great celestial Beings, the murky psychic atmosphere generated by man's evil thoughts, emotions, and deeds would become so dense that humanity would be hopelessly submerged in it, and cut off from the vivifying forces of the spirit. That cannot be, for it is the supreme redemptive work of the Christ to do battle with the forces of evil

and darkness, symbolically portrayed in Michael's slaying the dragon, Michael being next to Christ in the Hierarchy of Light. The conquest of light over darkness takes place each year when the Sun passes through Libra, Scorpio and Sagittarius. The mystic Christian understands this, and he knows how to attune himself to the influences of Michael and his ministering Hosts. He is thus aided tremendously in his own personal conquest of darkness by the never-failing light that is in him.

At the time of the Winter Solstice, Michael's work for the year having been accomplished, he returns the regency of the earth over to Gabriel, the Archangel of tenderness and love. Gabriel is the glorious Being who typifies the spirit of motherhood, for he is the angelic guardian of mothers and children. The vast array of nature Angels work under his guidance during this season.

Beginning with the time of the Autumn Equinox, the golden radiation of the Christ, which is then being poured upon earth, gradually penetrates its atmospheric layers and then the earth globe itself, until at the Winter Solstice it has entered into its very heart. Then the great miracle of nature occurs. There is a white magic, a breathless hush and a tender reverence permeating the atmosphere on Holy Night as the nature Angels, together with loftier celestial Beings, combine their forces and reverse the cosmic currents. For the past six months they had been moving on the descending arc; for the next six months, culminating at the Summer Solstice, they will move upward on the ascending arc. The mighty surge of this cosmic power propels all life upward; and the same rising tide of spiritual force lifts the spinal spirit fire in the body of man; so in those who have made sufficient preparation this fire may be lifted to the head and effect a state of true illumination.

This cosmic process is accomplished through the power of musical harmony and rhythm. It is an action of the Creative Word, the Word which St. John declares to have been from the beginning and by which all created things came into being.

The musical keynote of this planet is attuned to the song of Angels: "Glory to God in the highest on earth, peace, good will toward men." It is the harmonious, rhythmic enunciation of this planetary Word, resounding again and again through all the earth, that accomplishes the miracle of Holy Night.

The vast celestial forces that play between heaven and earth in this blessed season sound forth with an unsurpassable beauty. Some faint echoing of this celestial harmony was captured by Franz Schubert and transcribed for human hearing in the exquisite strains of his *Ave Maria*. This composition may be regarded in a way as the musical keynote of the Christmas Season. Its





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## FELLOWSHIP OF UNIVERSAL GUIDANCE

Saturday evening programs with speakers are held at the Theosophical Auditorium, 2560 N. Beachwood Dr. Hollywood, For information call: 66-7570. (Location subject to change).

## FIRST SPIRITUALIST CHURCH OF SAN JOSE

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## INNER SOURCES OF EVOLUTION

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## INTERNATIONAL COOPERATION COUNCIL

World Headquarters program material. Sunday workshops at 2 PM., plus weekend workshops. All programs held at 17819 Roscoe Blvd., Northridge.

## LIGHTED WAY

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## SAN FRANCISCO ASHRAM

Center of universal religion, Cultural Integration Fellowship, 2650 Fulton St. at 3rd Ave., San Francisco, 94118 (Phone 752-9890 or 648-1489) Sunday religious services with a focus on balanced growth and creative freedom. Integral Yoga Tuesday evenings, Hatha Yoga Wednesday and Thursday evenings and Saturday mornings, Tai-Chi-Chuan Fridays evenings

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Sunday morning services at 10 AM. Classes and meditation held during the week. For information call 244-5630, 1704 W. Venice Blvd., Los Angeles.



#### CALIFORNIA YOGA TEACHERS ASSOC.

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#### WISDOM & LIGHT CENTER (UCM)

Sundays - Healing, meditation, messages. 2-4 PM. Wednesdays, Healing, meditation, messages. 8-10 PM. Rev. Bertha Payer & Rev. Peggy McBride. 2168 Market St. San Francisco.

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music carries a tremendous spiritual power, particularly during this time of the year when it re-echos, as it were, the celestial rhythms brought down from cosmic spaces.

At this enchanted time there occurs a threefold birth: first, the *cosmic birth* of the Christ Spirit after the manner previously indicated, quickening all nature into new life; second, the *historical birth* of great World Teachers who choose this time to incarnate, as did the Master Jesus who became the bearer of the Christ light, Teacher of Angels and men; and third, the metaphysical birth of the Christ within the disciple in a state of illumination.

The disciple now understands why heretofore there was no room in the inn and why the Christ must be born in a manger where beasts feed. He knows now that the supreme work of his life has been to open the door of the inn, to make room for the Christ, and to transform the manger into a cradle of light. He knows that this "cradle" is the third ventricle of the head where it is surrounded by the radiant forces of the awakened pituitary and pineal glands, symbolically figured in Mary and Joseph respectively. Becoming illumined, he is a Christed one, and the glory of his new birth is hailed by the multitudes of Angels on high.

All three births are accompanied by the jubilant chorusing of celestial Beings, who proclaim these several transforming events to the musical keynote of the Christian Dispensation: "Glory to God in the highest, on earth, peace, good will toward men."

On December 21st, the planetary keynote changes from Sagittarius to Capricorn. The key of Sagittarius is divine ecstasy, expressed in the joyous fellowship and in the riot of bright colors and tunefulness of Advent Season. The keynote of Capricorn is divine consummation. The earth is submerged in the white light of consecration as the planetary life currents are reversed and the Cosmic Christ force turns upward with the Sun. These forces increase from December 21st until they reach their maximum on midnight of the 24th; but they do not decline all at once. The powerful solstitial radiations of spiritual force envelop the earth until the twelfth night thereafter, an interval held sacred by the early Christians and destined for revival today.

The song of the Angels when the Sun moves southward is set to minors. At midnight of December 24th, Holy Night, their chorusing changes to majors as they chant joyously the musical keynote of the earth: "Glory to God in the highest, on earth, peace, good will toward men."

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